

OTTER TRAIL GUIDE

TIDES AUG 2025

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0721	1748	0812	2041	0209	1402
2	0720	1749	0905	2143	0259	1458
3	0719	1749	1057	2328	0422	1652
4	0718	1750	1312	---	0647	1901
5	0717	1751	0107	1405	0750	1957
6	0717	1752	0205	1444	0831	2038
7	0716	1752	0248	1519	0905	2114
8	0715	1753	0327	1554	0937	2149
9	0714	1754	0404	1628	1008	2224
10	0713	1754	0439	1703	1040	2259
11	0712	1755	0514	1738	1111	2336
12	0711	1756	0549	1813	1142	---
13	0710	1756	0624	1850	0013	1215
14	0709	1757	0701	1929	0052	1250
15	0708	1758	0740	2014	0134	1329
16	0706	1758	0829	2113	0222	1420
17	0705	1759	0944	2255	0327	1543
18	0704	1800	1230	---	0552	1852
19	0702	1800	0055	1349	0731	2000
20	0700	1801	0203	1438	0823	2046
21	0658	1802	0253	1519	0902	2124
22	0657	1803	0334	1555	0936	2158
23	0656	1803	0410	1628	1006	2228
24	0655	1804	0442	1658	1033	2257
25	0653	1805	0511	1726	1059	2323
26	0652	1805	0538	1752	1123	2349
27	0651	1806	0604	1816	1148	---
28	0650	1807	0629	1841	0016	1213
29	0649	1808	0654	1908	0043	1239
30	0648	1808	0723	1940	0114	1310
31	0647	1809	0803	2030	0152	1353

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

